

## ●●● The Final Word

"I recently read an article in Healthcare Traveler and thought it would be beneficial to all our healthcare professionals to consider the "10 Things Every Traveler Should Know."



1. Who should you contact if a problem arises? Your recruiter should be your #1 contact, so travel with all his or her contact numbers.
2. Are your hours and hourly rate guaranteed? At Foundation, all our assignments have guaranteed hours.
3. What range of benefits is available to you? Foundation offers housing, travel reimbursement, insurance, and more.
4. How to apply for licensure in another state? We're aware of all regulations required of dialysis nurses in each state and can help you navigate through the process.
5. How do you handle utilities in an assignment location? We pay for utilities, except for cable and phone.
6. What are the ABCs of tax issues? Understand how traveling will affect your taxes—Foundation can help.
7. What is the background of the facility? We ensure that all the facilities we place our nurses in are ethical and of the highest caliber quality.
8. What about your wireless service? Examine your cell phone and Internet options before you travel.
9. Have you considered travelers as excellent resources? Other Foundation travelers can give you excellent insight into facilities, experiences, and traveling in general.
10. What is the importance of being flexible and reliable? You can build relationships with colleagues and facilities faster, making the transition easier for everyone.

If you have any questions, please ask us! At Foundation, we take pride in making sure you are comfortable and informed while traveling. We appreciate each and every one of our travelers!"

— Mark Smith, President, Foundation Medical Staffing

## ●●● Hot jobs available now!

### Dialysis Nurse Opportunities

Chronic—Acute RNs—Phoenix, AZ  
Acutes—Reading, PA  
Acutes—San Fernando Valley, CA (North of LA)  
Acute RNs in Southern California  
Bay Area Acutes, CA

### Physical Therapy Opportunities

Inpatient Rehab, Tucson, AZ  
Birmingham, AL—Acute Care

### Occupational Therapy Opportunities

New Providence, NJ—Skilled  
Philadelphia, PA—SNF

### Physical Therapy Assistant Opportunities

Central Washington State—SNF  
Lancaster, PA—Acute Care

### Speech Language Therapy Opportunities

Spokane, WA—Skilled  
Birmingham, AL—SNF

### Certified Occupational Therapy Assistant Opportunities

East/Central, TX—SNF  
Chevy Chase, MD—Skilled



Learn more about these hot jobs today!

Call 800.774.9251.

Search jobs [www.foundationmedicalstaffing.com](http://www.foundationmedicalstaffing.com)

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## The Foundation Newsletter



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## ●●● What's News!

There's so much happening at Foundation Medical Staffing...read all about it!

Starting September 1, 2006, Foundation put into effect a new medical benefits program through Principal Insurance featuring smaller co-pays and a prescription drug card.

You can now access your new health insurance online.

Go to [www.principal.com](http://www.principal.com) to learn more about the wide range of benefits available to you. In order to access some of the offered benefits, you need to click the "Login" button in the upper left corner. Then click "Establish your new username and password." Once you have created an account you have access to the following benefits: print your insurance card, change your address, check your eligibility, search providers in your area, and more.

We've also made some changes at our corporate offices! Foundation would like to welcome several new members to our staff:

Julie Smith: Receptionist • Linda Colbert: Administrative Assistant  
Conor Walsh: Travel Marketer • Bobbi Wright: Travel Marketer

Call now for new travel opportunities.

800.774.9251

[www.foundationmedicalstaffing.com](http://www.foundationmedicalstaffing.com)

●●● Foundation  
Medical Staffing

## ●●● Putting Faces with the Voices

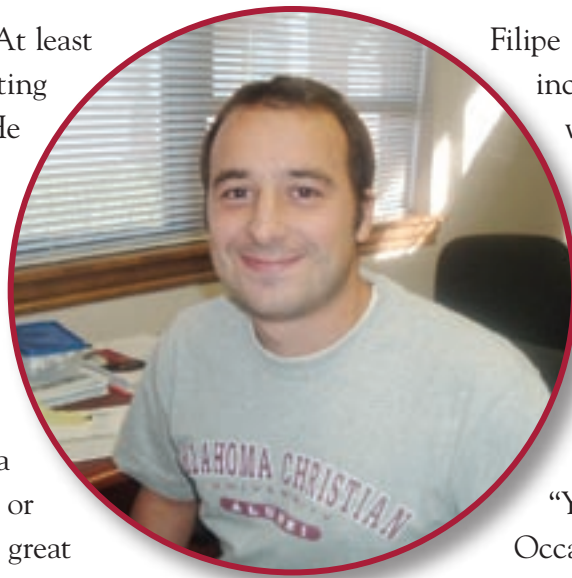
### Filipe Nuñes

Filipe Nunes is a natural with people. At least that's what everybody tells this recruiting coordinator. And he loves to hear it. He says he loves people and knowing that it's noticed makes him feel appreciated and acknowledged.

The people are the best part of Filipe's job at Foundation. He declares, "I love developing relationships with the nurses, talking to people, and playing a role in improving their lives in one way or another." These qualities make him a great recruiter.

But sometimes even the best recruiter has to deal with a tough situation. Filipe once had a nurse who missed her flight after deciding to take her four children on assignment with her. She then missed the Greyhound bus before finally reaching her destination.

Once on assignment, the nurse was fired on her second day for lying about her experience and could not perform the job. Upon leaving the assignment, she missed the Greyhound again and left her rental car unattended at the bus station with the keys under the seat.



Filipe laughs about that chaotic incident now, but at the time he was really frustrated!

Luckily, most of his experiences with nurses reinforce his love of people and of his job. He most frequently handles questions like, "How much does this job pay?" and "You guys pay for everything?"

Occasionally, Filipe is asked where the company is based out of,

which leads to some interesting conversations about Oklahoma.

In his free time, Filipe enjoys spending time with his wife. He also likes to play guitar and video games and read. Filipe is an outstanding addition to the Foundation Medical Staffing family. We all appreciate how well he represents the company and ensures that our travelers receive the best service possible. Thanks, Filipe!



## ●●● Travelogue: Lifestyles of the Traveling Health Professional

### On the road with man's best friend.

Most people who have pets think of them as part of the family. So, of course, healthcare professionals who travel want to take their pets on the road with them. Yet sometimes traveling with your pet can be challenging. Luckily, there are resources out there to help make your trip easier.

First of all, let your Foundation recruiter know that you wish to take your pet on assignment with you. Then your recruiter can book housing for you that is pet friendly and fulfills your and your pet's needs. Be aware that you may be required to pay a pet deposit or have fewer housing options if you are traveling with a pet.

Whether you prefer an apartment close to a park for your St. Bernard's daily runs or one with hardwood floors so your cat won't scratch the carpet, your recruiter can help you find a place that fits your lifestyle.

An article called, "Puppy love: Traveling with man's & woman's best friend," by Anne Baye Eriksen in Healthcare Traveler offers several more tips to make your trip enjoyable and your pets happy. She recommends scheduling a few extra days to reach your assignment location so that your pet has plenty of bathroom and exercise breaks.

Be prepared before you leave. Update your pet's identification tags, review vaccination schedules, and pack all necessary records. It's also a good idea to find a couple of veterinarians along the way in case of emergencies.

And, of course, don't forget to pack your pet's favorite toys, bedding, and plenty of food and treats!

"Puppy love: Traveling with man's & woman's best friend" June 2006, [www.healthcaretraveler.com](http://www.healthcaretraveler.com)

*Looking for extraordinary experiences as a health professional?*

**Now, you've got our attention.**



## ●●● Catching Up with Our Travelers

### Deborah A. Krieger



Since September 2005, Deborah Krieger has been on the road as a travel nurse. She continues to travel because of all the interesting people she meets and things she learns. Deborah says, "I love what I do and getting to see the country while I'm doing it is great." And since she now has a motor home, she's "almost" home wherever she goes.

Deborah's favorite assignment so far was her assignment in

Brawley, CA. She was assigned to a small hospital with people who really accepted her and made her feel part of the group. "The doctors there were caring and the chronic dialysis crew was very helpful," Deborah declares. The majority of the patients spoke only Spanish and were tolerant while Deborah learned their language.

Deborah attended her first rodeo while in Brawley. She says she really enjoyed the new experience. Deborah also appreciated that Brawley was just a short drive from Palm Springs. She says she also enjoyed the short drive to Mexico's shopping and the

drive West to the Pacific Ocean. Deborah plans to go back to Brawley when her current assignment in Dallas is complete.

One of the many things Deborah likes about traveling is meeting doctors and nurses who have worked with other doctors or nurses that she knows. It's fun to reminisce about old friends and have a connection to her new colleagues.

Her dream assignment is to spend the summer in Alaska and the winter in Hawaii. In fact, Deborah's husband said if she ever got that assignment, he would retire and join her for good.

Since that hasn't happened yet, Deborah spends her weekends and days off flying home to Indiana to see her husband and driving to Abilene to see her daughter and new grandson. She

says, "I put in an audio book and off I go! Listening to a book while driving makes the miles go by faster—it's a travel nurse's best friend!"

Traveling has given Deborah a lot of freedom. Choosing her work environment, visiting places where she has friends and family, and seeing our great country. She says, "I'd like to travel until I retire if the good Lord lets me." That sounds like a great plan.

Call today.  
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