

●●● The Final Word

The Market Changes, but Foundation's Quality Service Remains Unchanged

The dialysis marketplace has undergone some extreme changes over the past eighteen months. Even with all this change, one thing remains certain: the renal market remains vibrant and growing. I anticipate we will see more small providers enter the market to compete for business. This truly is an exciting time of growth. With all this change, what does that mean for our dialysis travelers? MORE opportunities than ever before. More assignments, more locations, more options for you as a traveler. What a great time to be a traveler!

Also, even though our marketplace is growing and changing, one thing will always remain absolute: Foundation's service and attention to our travelers. We value all of you very much. Foundation is known in the industry as a firm that cares for our family of travelers and takes care of them. This has been and always will be the case. As I have said before, if you ever feel that you are not getting the customer service you deserve, please contact me directly. Thanks again for all of your hard work and dedication to Foundation Medical Staffing.

Mark Smith

Mark Smith, President, Foundation Medical Staffing



●●● Hot jobs available now!

Dialysis Nurse Opportunities

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Santa Cruz, CA—Acute
Dallas, TX—Chronic or Acute
South Carolina Multiple Options—Acute
Sheboygan, WI—Acute

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Occupational Therapy Opportunities

Baltimore, CA
Washington, D.C.

Physical Therapy Assistant Opportunities

Washington State
San Antonio, TX

Speech Language Therapy Opportunities

San Francisco, CA

Certified Occupational Therapy Assistant Opportunities

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Boston, MA



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The Foundation Newsletter



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●●● What's News!

Introducing Foundation's New and Improved Benefits.

Foundation asked what our travelers would like to make their experience even better. You asked for new health insurance, and we made it happen! Starting September 1, 2006, travelers will be offered a new medical benefits program featuring smaller co-pays and a prescription drug card.

To help make the transition to the new medical plan easier, we've included FAQs to answer some common questions you might have.

Q. What is my co-pay when I go to my primary care physician or a specialist?

A. For network PPO providers, \$20, insurance pays 100% of covered charges up to \$500 per visit, followed by calendar year deductible and coinsurance.

Q. Do I have an option to choose between the old plan (BCBS) and the new plan (Principal)?

A. No, effective 09-01-06, if you elect our insurance, you will be enrolled with Principal. *(continued inside)*

Call now for new travel opportunities.

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●●● News continued

Q. What is my calendar year deductible?

A. \$1,000 per individual, \$3,000 per family.

Q. Will I have a prescription drug card?

A. Yes! For each prescription or refill filled at a pharmacy (up to a 30-day supply), you will pay:

- \$15 for Tier 1 drugs
- \$35 for Tier 2 drugs
- \$50 for Tier 3 drugs

• Prescription drug co-pays do not count toward the medical insurance calendar year deductible or out of pocket expense limit and continue after these amounts are met.

• Mail Service Drug Program: You will pay two and a half (2.5) prescription drug co-pays for each drug prescription or refill through a member pharmacy by mail.

●●● Putting Faces with the Voices

Dusty McSwane

If Dusty McSwane, a travel coordinator in the rehab department, had to choose one thing he liked best about working for Foundation, it would, be the work environment.

He loves the good atmosphere, which can be attributed to the great employees. He says, "Every day is an outstanding work experience."

Dusty gives a special shout-out to his co-worker, Travis Nunely, for making each day fun.



to receive the Braveheart Award in July. This award is presented to employees whose co-workers think they have worked hard and reached their goals. That is definitely a very nice compliment.

Outside of work, Dusty is a pretty active guy. He enjoys working out, playing softball, and spending time with his wife and eight-month old son. Keep up the good work, Dusty!

The greatest compliment Dusty has received, in his opinion, was from his co-workers. They voted for him



●●● Travelogue: Lifestyles of the Traveling Health Professional

Staying Fit, Wherever You Are.

As a traveler, you know how difficult it can be to maintain your fitness regimen while on the road. Especially if you are on assignment in a climate that makes exercising outside difficult. If you want to get fit but just don't know what you can do while on the road, you're not alone.

The following are some tips you can use to create and continue a fitness routine wherever your career takes you. An article called "How to Stay Fit While Traveling" on www.SolveYourProblem.com lists some great equipment that travelers can use in their apartments or condos.

According to the article, one of the best fitness tools for frequent travelers is the stretchy band. They come in a wide range of elasticity and are easy to pack. These bands use isometric movements to build muscle. The stiffer the band, the more muscle you can build. The article says you can pack several of differing resistances and have "a whole range of exercises and challenges for your body."

Another useful fitness accessory is the BOSU ball. BOSU is an acronym for Both Sides Up. It is a flat wooden piece with half a rubber ball on top. You can

use this ball to work your core muscles with several exercises including squats and lunges.

If you don't have any equipment, you can do simple toning exercises to help keep in shape. Do sets of push-ups, crunches, lunges, squats, and stretches to keep your body fit.

"How To Stay Fit While Traveling" 2005,
www.SolveYourProblem.com

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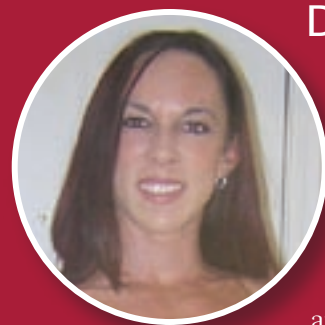
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●●● Catching Up with Our Travelers

Desiree Masters



Since September 1995, Desiree Masters has been a traveling physical therapist with Foundation. She says she got into traveling to "explore the US making new friends, experience various cultures and languages, and develop my personal character as I am thrust into challenging environments." Those sound like good reasons to travel.

Her first and favorite assignment was in Corpus Christi, TX.

Desiree lived in a condo right on the beach where she could watch beautiful sunsets from her balcony. She enjoyed being close to San Antonio, Houston, Mexico, and South Padre. But her favorite thing was hanging out on the beach with all her new friends.

Desiree loved her assignment while in Corpus Christi. She felt welcomed and appreciated and she was able to make a difference. In fact, her manager was so impressed with Desiree that she sent a letter to Desiree's recruiter, Chad Bennett. The letter said Desiree "automatically without direction took the

new graduate PTA under her skillful wings and developed the PT team into the best in town." It also mentioned how many compliments other departments gave PT due to Desiree and her contribution.

While Desiree was in Corpus Christi, Hurricane Rita threatened the Gulf of Mexico forcing the town to evacuate. Desiree hurried to her condo on the beach and packed her things. She says, "I hauled booty seven hours back to Dallas to wait out the storm with my family." Luckily Corpus Christi was spared by the hurricane and she was able to return and finish her assignment.

Through all her experiences and adventures, Desiree has learned a lot. Her advice to other travelers is, "While it is easy

to get stressed out by traveling to new places and starting over every few months, it is imperative to build trust with those around you and truly appreciate their differences because people don't care how much you know until they know how much you care." Those sound like words to live by.

The future looks bright for Desiree as she's headed to sunny Florida for her next assignment. She is excited to spend the winter in the warm weather, but hopefully without any hurricanes!

