



CHG Healthcare Services

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CHG Honored as a Utah Business Health Care Hero

Healthcare staffing company receives second corporate achievement award

SALT LAKE CITY, Utah (July 1, 2009) – CHG Healthcare Services , one of the oldest and largest healthcare staffing firms in the U.S., has received *Utah Business* magazine’s annual award for outstanding employee healthcare programs for the second year in a row.

The “Health Care Heroes” Corporate Achievement award recognizes and honors Utah organizations with exemplary employee health and occupational, environmental and preventative medical practices.

“We are ecstatic for the recognition in the business community for our wellness program efforts, which help us to live our core value of putting people first,” said Ms. Thurman.

Last year, CHG put into place a new wellness program to encourage physical and emotional wellness for our employees, as well as promote a balanced work-life ratio. This year, CHG focused on providing services to help employees manage their money and time, supporting the belief that having healthier, less-stressed employees will make them happier and more productive, resulting in better customer service to clients and candidates.

CHG’s nomination outlined three new initiatives from this year that helped CHG earn the Corporate Achievement honor:

- In January, CHG announced a renegotiated agreement with the company insurance carrier, resulting in a five percent reduction in employee insurance premiums, thanks to the fact that fewer employees required medical treatment for acute and chronic health problems. CHG attributes this to the success of last year’s popular Rock Your Body competition, a fitness program designed to motivate employees to improve their health. This past spring, more than 600 CHG employees company-wide signed up for Rock Your Body and lost approximately 2,500 pounds as a company throughout the competition.

- CHG gave \$25 back to employees who participated in a Health Risk Assessment (HRA), a valuable tool to help individuals evaluate personal health habits for risk factors as well as identify areas of improvement. CHG's health insurance carrier uses that information to generate a completely confidential personal health profile, creating the opportunity for each employee to receive relevant coaching and/or disease management assistance.
- CHG began offering the TelaDoc program to make life a little easier for employees in the case when proactive care isn't sufficient and the employee needs medical advice. TelaDoc gives employees access to a physician consultation telephone service 24 hours a day, seven days a week. The physicians can diagnose non-emergency medical problems, recommend treatment and, if necessary, prescribe medication. This saves employees money as it is less expensive than visiting an urgent care facility and cuts down on time spent in medical waiting rooms. CHG pays for the first two TelaDoc consults per employee; after that, each call costs the employee \$35, which is less than a visit to an emergency treatment facility.

CHG benefits are available to the whole family; the benefits cover eligible spouses, domestic partners and dependents.

More about CHG Healthcare Services

Founded in 1979, CHG Healthcare Services is one of the nation's oldest and largest healthcare staffing firms. Through its family of companies, CHG provides a comprehensive service offering that includes temporary and permanent placement of physicians, allied health professionals, nurses and pharmacists to hospitals and healthcare organizations in all 50 states. The CHG family includes CompHealth, Weatherby Locums, Destination Healthcare Staffing, RN Network, Foundation Medical Staffing and AHR Pharmacy Solutions. For more information, visit www.chghealthcare.com.

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