



CHG Healthcare Services

Healthcare Jobs Firm Focuses on Healthy Work-Life Balance

Utah healthcare staffing company emphasizes on overall employee wellness

[CHG Healthcare Services](#), a leader in providing [healthcare jobs](#), knows a strong balance between work life and personal life leads to happy, productive employees. Because of this, CHG helps their employees develop a well-rounded approach to overall wellness.

One aspect of employee health focuses on financial wellness. Financial security has surfaced as a concern for CHG employees during the recent economic downturn. To help keep employees informed about the latest economic trends, CHG offers free on-site financial counseling from Fidelity Investments for those who want to learn more about how to make the best use of their personal finances, including money management, 401(k) contributions, retirement and investment accounts, or several other money-related topics.

In addition to financial security for employees, CHG also recently implemented a comprehensive physical wellness program for employees, which includes a yearly fitness competition and health fair. CHG's annual Rock Your Body fitness challenge motivates employees to get fit through individual and team activities with lucrative prizes. In 2008, more than 400 employees participated and, as a company, lost 471 percentage points of body fat. The success of the event led to CHG's ability to lower healthcare insurance premiums by 5 percent, a savings that resulted in lower rates for employees. The annual wellness fair provides free health screenings, such as cholesterol test and blood pressure measurements, and offers healthy lifestyle advice from health experts.

Employees aren't the only ones who benefit from CHG's employee wellness program. CHG's benefits extend coverage beyond dependents to include domestic partners. Domestic partners and their children can receive coverage under CHG's medical, dental and vision insurance policies in addition to CHG's Employee Assistance Program. Employees interested in adoption can receive up to \$4,000 in adoption assistance. Last year, CHG even introduced voluntary pet insurance coverage to assist with the cost of annual checkups as well as emergency care for family pets.

With so much to think about, it's hard for employees to juggle everything going on their lives. That's why CHG also acknowledges everything employees must juggle in their lives. Employees have flexible scheduling options, including telecommuting and flexible start and end times to create a work schedule that benefits both employee and employer. Additionally, a generous paid time-off (PTO) policy allows employees to make time for themselves and their families away from the office, which is highly encouraged by the company's leadership.

More about CHG Healthcare Services...

Founded in 1979, CHG Healthcare Services is one of the nation's oldest and largest healthcare staffing firms. The company provides a comprehensive service offering that includes temporary and permanent placement of physicians, allied health professionals and nurses to hospitals and

healthcare organizations in all 50 states through such trusted brands as CompHealth, Weatherby Locums, Destination Healthcare Staffing, RN Network, Foundation Medical Staffing and AHR Pharmacy Solutions. For more information, visit www.chghealthcare.com.

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